

# REACTION LACROSSE

## 2012 Summer Camp

June 25 - June 29; 9 am – 1 pm  
Cherokee H.S. Marlton, NJ

### Sample Camp Schedule:

1. Arrive, Camp meeting outlining day's focus
2. Stretches, Campers ask questions
3. Break into station drills by skill level and age accompanied with demonstration
4. Camp break for water and shade
5. Guest Speaker
6. Team practices and scrimmages
7. Camp Contest of the Day (prize!)
8. Controlled Game(s)
9. Camper of the Day, other awards, reminders and announcements

**\*\* All Reaction Lacrosse Camps are fully insured by Bohlinger Insurance with certified trainer on site\*\***



## Past Reaction Lacrosse Staff/Guests Include:

**JOE DUNCAN** – Reaction Lacrosse President, Captain & Defenseman Rutgers U. '00 – '04, North/South Game, Team England, NY Athletic Club, All American Mountain Lakes HS (NJ)

**JOE CINOSKY** – Gold Medal Team USA '10, MLL All-Star Chesapeake Bayhawks, Minnesota Swarm (NLL), All-American U. Maryland, All ACC, All-American Mountain Lakes

**Tim Flynn** – Head Coach Mountain Lakes HS, Head Coach Team USA U-19 in 2012, First NJ coach w/ 500+ wins, 8 NJ state titles

**JOHN FLANAGAN** – CEO Universal Lacrosse, Rutgers U., All-American St. Anthony's HS (NY)

**GREG HALVACHECK** – Coach RPI, MLL Rochester Rattlers, 2x ECAC Defensive Player of the Year, 2x All-American Rutgers U.

**DELBY POWLESS** – MLL Toronto Nationals, NLL Buffalo Bandits, 2x All-American Rutgers U., 1<sup>st</sup> pick of '04 NLL draft, Iroquois National Team

**ERIK STILLEY** – Johns Hopkins and Rutgers, '07 NCAA National Champion w/ Johns Hopkins

**BRIAN ZELLER** – Baltimore Bayhawks (MLL), Washington Power (NLL), All American, All ACC, U. of Maryland. Played in 2 national championship games, USA U-19 team

**NICK SCHMIDT** – MLL Los Angeles Rip Ride, Chicago Machine, NJ Pride, Team Germany, Rutgers U. All Conference Mid, All-American Hicksville HS (NY)

Along with our full time staff, Guest speakers appear daily and vary from current professional and collegiate players, to leading lacrosse equipment manufacturers, to Division I and III college coaches.

# REACTION LACROSSE

## 2012 SOUTHERN N.J. SUMMER LACROSSE CAMP

**Boys Ages 7 - 17**  
**(grades 1 - 12)**

Monday, June 25–Friday June 29  
9am- 1pm, Cherokee H.S. Marlton, NJ



With sponsors:



Sign up at today:

[WWW.REACTIONLACROSSE.COM](http://WWW.REACTIONLACROSSE.COM)

For the past 6 years, **Reaction Lacrosse** has delivered the most comprehensive and dynamic lacrosse experience in South Jersey for boys ages 7 - 17. From beginners in youth leagues to players preparing for the college game, Reaction Lacrosse has been dedicated in educating and preparing players for the next level. Relying on countless years of experience and the best resources in the game, **Reaction Lacrosse Summer Camp** is designed to maximize a player's knowledge, performance, and enjoyment for the sport. Utilizing effective drills, competitions, and games Reaction Lacrosse does whatever it takes for our players to reach their full lacrosse potential.

**Reaction Lacrosse Camps** are directed by Joe Duncan, former standout defenseman & captain at Rutgers University. Joe is also a member of the English National Lacrosse Team where he competed in the '06 and '10 World Games. He is originally from Mountain Lakes, NJ where he was High School All-American. With Joe, Reaction Lacrosse features other world-class players and coaches with only the highest credentials as staff throughout the camp week.

### Instruction each day will focus on:

**Defense:** Footwork, Slides, Checks, Clears, Stick Work, Communication

**Midfield:** Offense, Defense, Shooting, Dodging, Fast Breaks, Ground balls

**Attack:** Passing, Shooting, Motion, 1-vs-1, Picks, Creating, Riding, Dodging

**Goalie:** Stance, Saves, Clearing, Positioning, Communication, Stick Work

**Face-offs:** Techniques & Counters, Ground balls, Wing Play

**Long Stick Defense:** Wing play, Checks, Stick Work, Pursuit, Ground balls

## Camp Fees: \$215 per player

Fee fully refundable up to June 18, 2012

In addition to elite lax instruction, each camper will receive a reversible jersey, water bottle and other prizes from our sponsors:



### **\*\*For High School Players: College Recruitment Seminar and Player Evaluations**

All players entering or currently in high school will receive customized guidance with respect to the college recruitment process. Factual data and real-life experiences will be used to educate players to the truths, myths and vital facts in how the recruiting process works.

In addition, players will be put through a **college-level combine** that will test players in numerous areas that recruiting colleges coaches will want to know. Each player will receive a **written and unbiased evaluation** of his skills and athletic abilities which will help in better understanding where each player stands with respect to playing at the collegiate level.

- SIGN UP ONLINE AT -

**[WWW.REACTIONLACROSSE.COM](http://WWW.REACTIONLACROSSE.COM)**

Or by mailing registration form to:

**Reaction Lacrosse  
53 Elmgate Rd.  
Marlton, NJ 08053**

All checks payable to:

**Reaction Lacrosse, LLC**

Questions??? Please call: 973-652-8201

- or -

email us at: [joe@reactionlacrosse.com](mailto:joe@reactionlacrosse.com)

# REACTION LACROSSE

## Registration Form

(Tear on dotted line and return along with payment to:  
Reaction Lacrosse  
53 Elmgate Rd. Marlton, NJ 08053)

**June 25 - June 29: 9 am - 1 pm  
Cherokee High School**

Player Name: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Age: \_\_ Grade (Sept '10): \_\_\_\_ Jersey: XL/L M/S

Team: \_\_\_\_\_

Position: Goal Mid Att Def Any Yrs Exp: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Contact Phone #: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

**\*\*A physician's note or recent physical form, verifying good health, must be provided as part of registration by the first day of camp. Forms are available online at:**



[www.reactionlacrosse.com](http://www.reactionlacrosse.com)