

REACTION LACROSSE

2010 Summer Camp

June 28- July 2, 2010 9 am – 1 pm
Cherokee High School
Marlton, NJ

Sample Camp Schedule:

1. Arrive, Camp meeting outlining day's focus
2. Stretches, Campers ask questions
3. Break into station drills by skill level and age accompanied with demonstration
4. Camp break for water and shade
5. Guest Speaker
6. Team practices and scrimmages
7. Camp Contest of the Day (prize!)
8. Controlled Game(s)
9. Camper of the Day, other awards, announcements & reminders

**** Reaction Lacrosse Camps are fully insured by Bohlinger Insurance with certified trainer on site****



Reaction Lacrosse Staff/Guests Include:

JOE DUNCAN – Reaction Lacrosse President, Captain & Defenseman Rutgers U. '00 – '04, North/South Game, Team England, NY Athletic Club, All American Mountain Lakes HS (NJ)

ANDREW CONFORTI – NJILOA certified ref, 2x Captain & Defenseman Rutgers U., All-American Hunterdon Central HS (NJ)

JOHN FLANAGAN – CEO Universal Lacrosse, Rutgers U., All-American St. Anthony's HS (NY)

JOE CINOSKY – Team USA, MLL All-Star Toronto Nationals, NLL Minnesota Swarm, All-American, U. of Maryland, All-American Mountain Lakes HS (NJ)

GREG HALVACHECK – Coach RPI, MLL Rochester Rattlers, 2x ECAC Defensive Player of the Year, 2x All-American Rutgers U.

DELBY POWLESS – MLL Toronto Nationals, NLL Buffalo Bandits, 2x All-American Rutgers U., 1st pick of '04 NLL draft, Iroquois National Team

GARRETT YARALIAN – All-American Roanoke Coll., All-American Midfield Mountain Lakes HS (NJ)

BRIAN ZELLER – Baltimore Bayhawks (MLL), Washington Power (NLL), All American, All ACC, U. of Maryland. Played in 2 national championship games, USA U-19 team

NICK SCHMIDT – MLL Los Angeles Rip Ride, Chicago Machine, NJ Pride, Team Germany, Rutgers U. All Conference Mid, All-American Hicksville HS (NY)

Along with our full time staff, Guest speakers appear daily and vary from current professional and collegiate players, to leading lacrosse equipment manufacturers, to Division I and III college coaches.

-SIGN UP AT-

WWW.REACTIONLACROSSE.COM

REACTION LACROSSE

2010 SOUTHERN N.J. SUMMER LACROSSE CAMP

Boys Ages 7 - 17
(grades 1 - 12)

Monday, June 28–Friday July 2
9am- 1pm

Cherokee High School
Marlton, NJ



- SIGN UP AT -

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For the past 4 years, Reaction Lacrosse has delivered the most comprehensive and dynamic lacrosse experience in South Jersey for boys ages 7 - 17. From beginners in youth leagues to players preparing for the college game, Reaction Lacrosse has been dedicated in educating and preparing players for the next level. Relying on countless years of experience and the best resources in the game, Reaction Lacrosse Summer Camp is designed to maximize a player's knowledge, performance, and enjoyment for the sport. Utilizing effective drills, competitions, and games Reaction Lacrosse does whatever it takes for our players to reach their full lacrosse potential.

Reaction Lacrosse Camps are directed by Joe Duncan, former standout defenseman & captain at Rutgers University, member of the English National Lacrosse Team competing in the upcoming 2010 World Games, New York Athletic Club Lacrosse Team, and NJ High School All-American at Mountain Lakes, NJ . With Joe, Reaction Lacrosse features other world-class players and coaches with only the highest credentials as permanent staff throughout the camp week.

Position-Specific instruction throughout each camp day will focus on:

Defense: Footwork, Slides, Checks, Clears, Stick Work, Communication

Midfield: Offense, Defense, Shooting, Dodging, Fast Breaks, Ground balls

Attack: Passing, Shooting, Motion, 1-vs-1, Picks, Creating, Riding, Dodging

Goalie: Stance, Saves, Clearing, Positioning, Communication, Stick Work

Face-offs: Techniques & Counters, Ground balls, Wing Play

Long Stick Defense: Wing play, Checks, Stick Work, Pursuit, Ground balls



**Camp Fees:
\$195 per player**

(fully refundable up to June 21, 2010)

In addition to elite lax instruction, campers will receive reversible jersey, water bottle, stickers and other give-aways from:



****Early Bird Special: \$180 if registered by June 1, 2010****

- SIGN UP ONLINE AT -

WWW.REACTIONLACROSSE.COM

Or by mailing registration form to:

**Reaction Lacrosse
53 Elmgate Rd.
Marlton, NJ 08053**

All checks payable to:

Reaction Lacrosse, LLC

Questions??? Please call us at 973-652-8201

- or -

email us at: joe@reactionlacrosse.com

**REACTION
LACROSSE**

Registration Form

(Tear on dotted line and return along with payment to:
Reaction Lacrosse
53 Elmgate Rd. Marlton, NJ 08053)

**June 28 - July 2, 2010: 9 am - 1 pm
Cherokee High School**

Player Name: _____

Street: _____

City: _____ State: _____ Zip: _____

Email: _____

Age: ____ Grade (Sept '10): ____ Jersey: XL/L M/S

Team: _____

Position: Goal Mid Att Def Any Yrs Exp: _____

Emergency Contact: _____

Contact Phone #: _____

Parent Signature: _____

****A physician's note or recent physical form, verifying good health, must be provided as part of registration by the first day of camp. Forms are available online at:**



www.reactionlacrosse.com