

REACTION LACROSSE

2011 Summer Camp

June 27- July 1, 2011 9 am – 1 pm
Cherokee H.S. Marlton, NJ

Sample Camp Schedule:

1. Arrive, Camp meeting outlining day's focus
2. Stretches, Campers ask questions
3. Break into station drills by skill level and age accompanied with demonstration
4. Camp break for water and shade
5. Guest Speaker
6. Team practices and scrimmages
7. Camp Contest of the Day (prize!)
8. Controlled Game(s)
9. Camper of the Day, other awards, reminders and announcements

**** All Reaction Lacrosse Camps are fully insured by Bohlinger Insurance with certified trainer on site****



Reaction Lacrosse Staff/Guests Include:

JOE DUNCAN – Reaction Lacrosse President, Captain & Defenseman Rutgers U. '00 – '04, North/South Game, Team England, NY Athletic Club, All American Mountain Lakes HS (NJ)

JOE CINOSKY – Team USA, MLL All-Star Chesapeake Bayhawks, Minnesota Swarm, All-American Maryland, All-American Mountain Lakes

Tim Flynn – Head Coach Mountain Lakes HS, Head Coach Team USA U-19 in 2012, First NJ coach w/ 500+ wins, 8 NJ state titles

JOHN FLANAGAN – CEO Universal Lacrosse, Rutgers U., All-American St. Anthony's HS (NY)

GREG HALVACHECK – Coach RPI, MLL Rochester Rattlers, 2x ECAC Defensive Player of the Year, 2x All-American Rutgers U.

DELBY POWLESS – MLL Toronto Nationals, NLL Buffalo Bandits, 2x All-American Rutgers U., 1st pick of '04 NLL draft, Iroquois National Team

ERIK STILLEY – Johns Hopkins and Rutgers, '07 NCAA National Champion w/ Johns Hopkins

BRIAN ZELLER – Baltimore Bayhawks (MLL), Washington Power (NLL), All American, All ACC, U. of Maryland. Played in 2 national championship games, USA U-19 team

NICK SCHMIDT – MLL Los Angeles Rip Ride, Chicago Machine, NJ Pride, Team Germany, Rutgers U. All Conference Mid, All-American Hicksville HS (NY)

Along with our full time staff, Guest speakers appear daily and vary from current professional and collegiate players, to leading lacrosse equipment manufacturers, to Division I and III college coaches.

REACTION LACROSSE

2011 SOUTHERN N.J. SUMMER LACROSSE CAMP

Boys Ages 7 - 17
(grades 1 - 12)

Monday, June 27–Friday July 1
9am- 1pm @ Cherokee H.S. Marlton,
NJ

*****FREE MAVERIK BAZOOKA
UNSTRUNG HEAD FOR FIRST
75 CAMPERS*****



- SIGN UP AT -

WWW.REACTIONLACROSSE.COM

For the past 5 years, **Reaction Lacrosse** has delivered the most comprehensive and dynamic lacrosse experience in South Jersey for boys ages 7 - 17. From beginners in youth leagues to players preparing for the college game, Reaction Lacrosse has been dedicated in educating and preparing players for the next level. Relying on countless years of experience and the best resources in the game, **Reaction Lacrosse Summer Camp** is designed to maximize a player's knowledge, performance, and enjoyment for the sport. Utilizing effective drills, competitions, and games Reaction Lacrosse does whatever it takes for our players to reach their full lacrosse potential.

Reaction Lacrosse Camps are directed by Joe Duncan, former standout defenseman & captain at Rutgers University. Joe is also a member of the English National Lacrosse Team where he competed in the '06 and '10 World Games. He is originally from Mountain Lakes, NJ where he was High School All-American. With Joe, Reaction Lacrosse features other world-class players and coaches with only the highest credentials as staff throughout the camp week.

Instruction each day will focus on:

Defense: Footwork, Slides, Checks, Clears, Stick Work, Communication

Midfield: Offense, Defense, Shooting, Dodging, Fast Breaks, Ground balls

Attack: Passing, Shooting, Motion, 1-vs-1, Picks, Creating, Riding, Dodging

Goalie: Stance, Saves, Clearing, Positioning, Communication, Stick Work

Face-offs: Techniques & Counters, Ground balls, Wing Play

Long Stick Defense: Wing play, Checks, Stick Work, Pursuit, Ground balls

**Camp Fees:
\$215 per player**

(fully refundable up to June 20, 2011)

In addition to elite lax instruction, each camper will receive a *reversible jersey, water bottle and other prizes from our sponsors:*



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- SIGN UP ONLINE AT -

WWW.REACTIONLACROSSE.COM

Or by mailing registration form to:

**Reaction Lacrosse
53 Elmgate Rd.
Marlton, NJ 08053**

**All checks payable to:
Reaction Lacrosse, LLC**

Questions??? Please call: 973-652-8201

- or -

email us at: joe@reactionlacrosse.com

REACTION LACROSSE

Registration Form

(Tear on dotted line and return along with payment to:
Reaction Lacrosse
53 Elmgate Rd. Marlton, NJ 08053)

**June 27 - July 1, 2011: 9 am - 1 pm
Cherokee High School**

Player Name: _____

Street: _____

City: _____ State: ____ Zip: _____

Email: _____

Age: __ Grade (Sept '10): ____ Jersey: XL/L M/S

Team: _____

Position: Goal Mid Att Def Any Yrs Exp: _____

Emergency Contact: _____

Contact Phone #: _____

Parent Signature: _____

****A physician's note or recent physical form, verifying good health, must be provided as part of registration by the first day of camp. Forms are available online at:**



www.reactionlacrosse.com